## **Idea of Transformation:**

## Abdul Aziz Said June 2002

The basic **idea of "transformation**" is that *personal transformation is both the model for* and the catalyst of global change. There are **many dimensions** to this idea:

- \*Peace through inner experience and outer engagement, through a transformation of consciousness.
- \*Peace through "paradigm shift," through a change in our perception and experience of the universe and ourselves, and of the relationship between them.
- \*Peace through relearning, through seeing the world with fresh eyes and through acting and responding in new ways.
- \*Peace through remembering, through waking up to what we really are and to what we are capable of.
- \*Peace through healing, through the restoration of wholeness by "pulling ourselves together," individually and collectively.
- \*Peace as harmony and harmonizing, through the reconciliation of opposites.
- \*Peace through (and is) the realization that the whole existence is reflected in the parts, and from the parts comes the ever-greater whole.